

Youth Home Inc.
Changing Lives.
Saving Families.



Mission

Our mission is to equip both youth and their families to become contributing members of their community by providing compassionate psychiatric and behavioral health care.



Vision

Our vision is to be recognized as a premier treatment and professional training center.

Programs

IRT - INTENSIVE RESIDENTIAL

This program features an on-campus education program, award winning recreational therapy, & highly effective psychiatric treatment for youth ages 12-17 with severe symptoms related to mental illness.

QRTP - QUALIFIED RESIDENTIAL

This program is for girls ages 12-17 and boys ages 10-17 who are currently in DCFS custody and in need of psychiatric care providing a therapeutic, family-like setting.

OUTPATIENT THERAPY

Behavioral Health Services of Arkansas, Youth Home's outpatient clinic, offers an array of therapy modalities to meet the needs of individuals, couples, families & youth in the Central Arkansas area.

SCHOOL-BASED MENTAL HEALTH

The School-Based Mental Health Services Program provides on-site therapy for youth whose behavioral, emotional, and social problems are affecting their academic performance.



History

Carol Burns Smelley founded Youth Home in 1966 with \$8,000 and a dream to help low income youth with mental illness who had been given up by their families. She housed these youth and in family homes all across Little Rock where each client received treatment and connection.

The organization's revenue quickly grew to over \$2 million as Smelley worked to teach our Little Rock neighbors about the ramifications of mental illness and the unique needs these youth had. The program eventually developed into a medical model in the 80s, when Youth Home became a behavioral health care facility. We opened our first building on our Colonel Glenn road to serve boys and girls ages 12-17 in need of intensive treatment.

Trauma Informed Care

At Youth Home, we care deeply about each resident - their past experiences, their personality, and their strengths - and we collaborate with them on working toward a healthier future. Many of our youth have suffered extensive traumas and have developed subsequent maladaptive behaviors. We know that a child's maladaptive behavior is often a way of seeking connection, so rather than using traditional and punitive methods of discipline, we have learned that healing happens within the context of a safe relationship. This is a part of the Trauma Informed Care Approach.

All staff are intensively trained in this approach in hopes of offering the most opportunities possible for the youth in our care to experience healing. We also implement Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), an evidence-based treatment that helps children and their families address the negative effects of trauma by processing their traumatic memories, overcoming problematic thoughts and behaviors, and developing effective coping and interpersonal skills.



Frequently Asked Questions

What is Youth Home Inc?

Youth Home is a private, non-profit psychiatric treatment facility in Arkansas. We provide effective and compassionate behavioral health care to youth, individuals and families in Arkansas and across the country.

When Was Youth Home Founded?

Youth Home was founded by Carol Burns Smelley in 1966, and has offered outpatient services since 1996.

Who Does Youth Home Serve?

In our IRT program, we serve youth ages 12-17 who have severe symptoms of mental illness that lower levels of care have not alleviated. In our QRTP program, we serve youth ages 10-17 in DCFS custody who would benefit from a therapeutic home-like setting. In our outpatient clinic, we serve families and individuals of all ages with counseling and therapy.

How Many People Does Youth Home Serve Annually?

Anywhere between 1-2K depending on admissions, discharges, and length of treatment.

Is Youth Home Tax Exempt?

As a private, non-profit organization, Youth Home is tax exempt. We were awarded our IRS 501c3 status in 1967, making all donations tax deductible.

Does Youth Home Offer Educational Services?

Our Colonel Glenn campus residents may attend the Siebert School Educational Program, which is approved by the Arkansas Department of Education. As of 2023, our teachers have a combined 120 years of experience and are dual certified in at least one primary subject as well as special education.

Frequently Asked Questions

What Are the Qualifications for a Residential Treatment Admission?

Residents should be within the age range required for the appropriate treatment program. Residents should be intellectually capable of benefiting from the program (70+ Full Scale IQ), and have severe symptoms related to a mental illness. Youth must be enrolled in an educational program (public school or vocational training) while in treatment. We don't accept youth who have a primary diagnosis of alcoholism or addiction, or youth who have committed acts of sexual assault violence or on another person.

Where Are Your Facilities Located?

Youth Home Residential Programs are located at 20400 Colonel Glenn Road, Little Rock, AR 72210. Behavioral Health Services of Arkansas is located at 10 Corporate Hill Drive, Suite 330, Little Rock, AR 72205.

How is Youth Home Funded?

Youth Home is funded through Medicaid, limited state funds, private insurance, TRICARE® East & West Insurance, grants, corporate and individual gifts.

Who Is In Charge at Youth Home?

David Napier, CEO • Larry Betz, COO • Beverly Foti, Dr. PH, CRO • Peggy Kelly, CCO

How Many People Can Youth Home Serve at One Time?

Youth Home can serve 48 youth in Intensive Residential Treatment, 12 Youth in Qualified Residential Treatment, and Unlimited* (Based on Therapist Availability and Length of Treatment) in Outpatient Therapy and School Based Mental Health Services

How Long Does It Take a Child to be Admitted into Residential Treatment?

Youth Home does not accept emergency admissions. It usually takes 1-2 weeks to process applications and receive accepted from a client's insurance agency. The quicker the forms are completed in-full and submitted, the faster we are able to process the documents.

Who is on the Clinical Team at Youth Home?

On staff, Youth Home has Board-Certified Child and Adolescent Psychiatrists, a medical doctor, Master's Level Clinical Therapists, RNs and LPNs, Qualified Behavioral Health Providers, Teachers, Educational and Recreational Therapists, Dieticians and more. (In total, we provide 200+ jobs each year).

How Do I Find Out if Youth Home Can Help My Child or Someone I Know?

Check our website for basic information to discern if your child may need residential treatment at youthhome.org/intensive-residential-treatment or call our admissions team at 501-800-728-6452

Youth Home Inc. Get Involved



Donations

Youth Home greatly benefits from the ongoing giving of our local supporters. Gifts can include monetary donations, volunteer hours, services provided, and supplies for our program.



Advocacy

One of the easiest ways you can benefit our programs is to learn more, and share with your friends/family.

Support Youth Home



MONETARY DONATIONS

Set up a recurring monthly donation to keep our program open for years to come, or support with a one-time gift that can include Honor, Memorial Gifts, or Planned Gifts intended to support the youth in our programs.



SERVICES & SUPPLIES

We accept school supplies and supplies for our youth like clothing and hygiene necessities. Talk to our Development Director for more information.



VOLUNTEER HOURS

Sign up as an individual or join as a group with your business / organization. We accept help with painting, gardening/planting, weeding, as well as help running our charity events.



LEARN MORE AT:

